

# Praise All Your Days

## Psalm 63:1-8

David was in the Judean desert when he wrote this Psalm, when he was fleeing from Absalom his son

### What?

**“My soul clings in the shadow of Your wings”**

Clinging to the Lord—

Vs. 1—It’s important to **let our circumstances turn us to God**, not away from him

David never asks for anything in this Psalm—he just takes satisfaction in God Himself

Vs. 2—For us, **the “sanctuary” is spiritual**

*Hebrews 8:1-2, NIV—We do have such a high priest, who sat down at the right hand of the throne of the Majesty in heaven, and who serves in the sanctuary, the true tabernacle set up by the Lord, not by a mere human being*

Hebrews exhorts us six times to “approach” God

The tabernacle objects show us **how to approach God**

**Vs. 3—The Gates:** Experiencing God’s covenant prompts us to **come through the “gates” with thanksgiving**

**Vs. 4a—The Court:** As the people offered their sacrifices, **we offer a “sacrifice of praise”**

**Vs. 4b—The Laver:** We are a “royal priesthood,” and we are **purified by confession and the cleansing of forgiveness**

Then we can **lift clean hands and a pure heart to the Lord**

Lifting hands **pictures submission**, offering ourselves to serve “in Your name,” **identifying with the Lord**

Vs 5a—**The Holy Place:** The table of bread and lampstand represent **the Word and the Spirit, which satisfy us**

Vss. 5b-6—When your fear wakes you up at 3 am, you can come to God in this way as you lie awake

**Vss. 7-8—The Holiest Place:** This is what the preparation, the approaching, prepares us for, **appearing before His throne of grace, the mercy seat**

“The shadow of His wings” refers to the wings of the cherubim that overarched the mercy seat

The Jesus Connection—

*Romans 3:25, NET—God publicly displayed him at his death as the mercy seat accessible through faith*

Jesus is present in the heavenly sanctuary, interceding for us with God on the basis of His sacrifice

**The Big Question—What does “blessing God” mean?**

It means **recognizing God’s blessedness, and delighting in what a blessing He is to us**

### So What?

Read Psalms and **highlight the more significant prayers**

Start praying the prayer you’ve chosen **in your own words**

Stop where the Spirit leads you to stop, to  **dwell on some attribute of God and praise Him for it, or to confess some specific sin, or to remember in detail some experience you can thank the Lord for**

Let your **posture reflect what you’re praying**

The final say—John

*Revelation 22:17, ESV—The Spirit and the Bride say, “Come.” And let the one who hears say, “Come.” And let the one who is thirsty come; let the one who desires take the water of life without price*

### Now What?

Highlight the prayers of the Psalms in your Bible

Make time to spend simply resting in God’s presence by praying these prayers back to Him